COMFORT

Seared Sirloin Steak with Chimichurri

*Suggested Sides: Honey Glazed Carrots, Herb Roasted Potatoes*

Beef or Chicken Teriyaki

*Suggested Sides: Rice, Stir-fry Bok Choy*

Roasted Pork Chops, Apple cider sauce, Caramelized Apples

*Suggested Sides: Green Beans*

Broiled Chicken Breasts with Fennel

*Suggested Side:*

*Pearled CousCous and Pine Nuts, Garlic Broccoli Rabe*-

BBQ Roast chicken

*Suggested Sides: Potato Salad, Corn on the Cob*

Bibimbap

*Suggested Sides: White Rice, Miso Soup*

Texas Chili

*Suggested Sides: Cheddar Scallion Cornbread*

Fried Rice with Chinese Sausage & Enoki Mushrooms

*Suggested Sides: Pan-Fried Dumplings*

Spaghetti & Veal Meatballs

*Suggested Sides: Garlic Bread*

SEAFOOD & PESCATARIAN

Fillet of Mahi Mahi with Pineapple Salsa

*Suggested Sides: White Rice, Asparagus*

Soy Glazed Salmon

Suggested Sides: Brown Rice, Snap Pea

Crab Cakes with Tarter sauce

*Suggested Sides: Arugula and Endive Salad*

Poached Chilean Sea Bass with Clams, Bacon, and Peppers

*Suggested Sides: Toasted Baguette*

Steamed Thai Curry Mussels with Lemongrass & Basil

*Suggested Sides: White Rice*

Shrimp Fra Diavolo, Bucatini

Suggested Sides: Shaved Fennel and Parm Salad

GLUTEN-FREE

Shaved Fennel and Parm Salad

Gluten Free Pizza

Rice Noodle Pad Thai

Arugula and Endive Salad

Chickpea Pancakes with leeks and yogurt dipping sauce

Pork Chops with Glazed carrots and Quinoa

Stuffed Sweet Potatoes and chives

Sorrel Rice with Poached Eggs

Risotto with wild mushroom and kale Pesto

Thai Curry with Beansprouts and Broccoli

Leek mushroom egg white Quiche

7-Vegetable Minestrone

HEALTHY MEALS

Wilted Greens and Fennel and Olive Salad

Spicy Shrimp with Corn Grits

Roast Chicken with Squash

Farmer’s Market Salad with Quinoa and Steak

Vietnamese Rice Noodle Soup with Chicken

Turkey Tacos with black beans

Jasmine Rice Pilaf

Roasted Butternut squash with couscous and walnuts

Roasted Cauliflower steak with curry coconut sauce

Lotus Root Bone Broth, Lotus Root, Dried Dates, Wolfberries, Pork Ribs

*Suggested Sides: Wontons*

*Heirloom Tomato Caprese Salad with Lime Vinaigrette and Capers*

VEGETARIAN & VEGAN

Ma Po Tofu

*Suggested Sides: Rice, Ginger Snow peas*

Udon Noodle Pot with Daikon, Napa Cabbage, Enoki Mushrooms

*Suggested Sides: Edamame*

Vegan Eggplant Parmesan with Angel Hair

*Suggested Sides: Ratatouille, Sourdough*

Southwest White Bean Stew

*Suggested Sides: Honey Glazed Biscuits*

Black Bean Vegetarian Chili

*Suggested Sides: Cheddar Cornbread*

Chickpea Masala & Chutney Sauce

*Suggested Sides: Basmati Rice, Naan*

*Suggested Sides: Roasted Yellow Squash*

SIDES

Greek Salad with Feta Cheese and Pita

Classic Caesar Salad

Roasted Beet Salad

Potato Salad

Tabbouleh Salad

Lentil and Walnut Salad

Soba Noodle Salad

CousCous Salad with Curried Vegetables

Tomato and Basil Soup

Miso Soup

New England Clam Chowder

Minestrone

Corn Chowder

Wonton Soup

DESSERT

Thai Sticky Rice with Mangos

Maple Bacon Cookie with Vanilla Ice cream Sandwich

Fudge Brownies

Crem Caramels with blackberry

Banana and Walnut Bread Pudding

Key Lime Pie

Matcha Cookie

Maple Bacon Cookie

Gluten Free Lemon Bars

Fig Cream Cake

\*All ingredients are subject to substitution or elimination due to seasonality and availability. You will be notified if Chef believes that the meal will differ significantly from the menu.

\* Menu Updated 5.10.2018